



FARAH ALJUNDI

500 HR+ INTEGRATIVE
YOGA TEACHER, WELLNESS
CONSULTANT AND
ALCHEMICAL HERBALIST

CONTACT

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SOCIAL MEDIA

FACEBOOK: [/THENESTYOGA](https://www.facebook.com/thenestyoga)

[/LALUNAEXPERIENCES](https://www.facebook.com/lalunaexperiences)

INSTAGRAM: [@FARAHALJUNDI](https://www.instagram.com/farahaljundi)

PRESS PIECES

[ELLE MAGAZINE](#), ITALIA

[TIMEOUT](#), ABU DHABI

[SPORT360](#) NEWSPAPER, ABU DHABI

LANGUAGES

ENGLISH, ARABIC, ITALIAN, SPANISH

YOGA TRAINING & CERTIFICATION

- 200 Hr Hatha Yoga Teachers Training with Noah McKenna at the [Sukashanti Yoga School](#)

Mysore, India, November 2013

- 1 month training with Vinay Kumar at the [Prana Vashya Yoga School](#)

Mysore, India, December 2013

- 1 month Mysore Ashtanga practice with [Saraswathi Jois](#), Daughter of Sri.K Patthabi Jois.

Mysore, India, January 2013

- 200 Hr Integrative Yoga Teachers Training with Amit & Lina Reina from [Kashmir Shaivism School](#) of Yoga.

Goa, India, January 2015

- 50 Hr Yin-Yoga Teachers Training with [Jade Wood](#).

Amman, Jordan, August 2016

- 50 Hr [Budokon Yoga](#) Teachers Training with Cameron and Melayne Shayne Miami

WORKSHOPS:

- Ajay Kumar
- Mark Robberds
- Tymi Howard
- Greville Henwood

WORK EXPERIENCE

Founder of [La Luna Experiences](#)

A unique travelling brand offering retreats, events and retail experiences that are transformative, conscious and impactful.

Founder of [The Nest](#)

Amman, Jordan

A boutique studio that offers monthly wellness educational courses and herbal alchemical remedies.

Wellness Consultant for [TBL Tourism](#)

San Juan, Puerto Rico

Developed and implemented wellness strategies into the company ethos and operations to integrate into future and existing properties.

Executive Wellness Director of [Selina Hotels](#).

Panama City, Panama

Designed, developed and implemented the wellness ethos of the Global Selina brand

Marketing Director & Full-Time Yoga Teacher at [Body Tree Studio](#)

Abu Dhabi, U.A.E

Curated and developed exclusive Group & Private Yoga Classes

Managed and designed marketing strategies, campaigns and content.